Michigan State University Federal Credit Union’s (MSUFCU) Wellness Competition

**Purpose**
Michigan State University Federal Credit Union (MSUFCU) and the MSU College of Education announce a competition available to all undergraduate and graduate students within the College of Education. The competition is for the promotion of health and well-being through human movement to elementary aged children in a public elementary school located in Ingham County.

**Details**
Undergraduate and graduate students can compete as individuals or in groups. Groups must contain only members of the same level (you cannot have a mixture of undergraduate and graduate level students in the same group). Each competitor or group will submit a proposal for how $700 could be used to promote health and well-being through human movement to the students of a selected public elementary school in Ingham County. Ideas could include but are not limited to the purchase of specialized equipment for physical education, purchase of equipment for physical activities in regular education classroom settings, putting the funds toward health education speakers or events such as a field day.

**Winning Submissions:**
There will be three (3) winning submissions: first and second place for undergraduate level students and first-place for graduate level students. The winning submissions will be granted the ability to spend $700 toward the intended purpose of the proposal under the supervision of MSU faculty/staff.

Beyond being able to spend the proposed $700 for the school, there will be a total of three personal/group awards:
- Two personal/group awards for undergraduate level students
  - $150 for first place
  - $100 for second place
- One personal/group award for graduate level students
  - $150 for first place

*NOTE* - Awards will be governed by Michigan State University policies and personal/group awards will go toward the winning individual’s Michigan State University student account. The award for winning as a group will be divided equally amongst the number of people in that group (i.e. a group of 2 people will each get one half of the personal/group award).
Benefits to Participation:

1. Great resume builder demonstrating personal/professional motivation, resolve, and commitment to promoting well-being through human movement in the community.
2. Chance to develop networking skills with other College of Education students and professionals in the local community.
3. Personal award provided to winning proposals.
4. Recognition of your efforts at a competition awards event (date and location are to be determined, likely to be in late March or early April, 2019)

Guidelines

Each competitor or group will provide the following information:

- The name(s) of the competitor or people in the competing group
- The level that represents the competitor or the competing group (undergraduate or graduate)
- The name of the Ingham County elementary school selected in the proposal
- Rationale for selecting the proposed elementary school
- Detailed information about how the competitor(s) propose the $700 be spent toward promoting health and well-being through human movement (i.e. equipment, supplies, technology, etc) to the children of the proposed elementary school
- Detailed description of how the proposal will scientifically benefit the elementary students using credible sources (peer-edited journal articles, textbooks, etc) for information/data. This description could include how the children may be impacted academically, socially/emotionally, and physically.
- Minimum length of proposal is 3 pages, double spaced, 12 pt. font.
- Submissions must be formatted as a Word document or as PDF.

Additional Requirements:

- Each competitor or group will need to discuss their proposal with the selected elementary school and confirm that the school or school representative will accept and use the proposed $700 award in the proposal. A letter confirming this is required, including the name(s) and signature(s) of a representative (i.e. physical education teacher, principal) of the Ingham County Elementary School consenting to be a beneficiary of this competition if the competitor is selected as a winner.
- Each competitor or group will need to:
  - Send the completed proposal in electronic format to George Harnick at harnickg@msu.edu
  - Subject of the Email: MSUFCU Wellness Competition
Include the following in the main body of the email message: The name of the competition, the name(s) of the people turning in the proposal, and the name of the file to be attached to the email (as listed above).

DEADLINE: February 25th, 2019 by 5pm to email above.

Judging/Selection Process:

A judging panel made up of members from the MSU Department of Kinesiology will score each proposal on a scale of 1 to 10 (1 being the lowest, 10 being the highest). Areas to be judged on are as follows:

- **Benefits** – (description of how elementary children in proposed school will benefit from the purchase) – (Max score = 10 points)
- **Rationale** - (description of need) – (Max score = 10 points)
- **Accuracy of Information and Citations** (listing of sources, use of reputable sources) - (Max score = 10 points)
- **Bonus Points** for focus/research that is interdisciplinary (example: information included on academic and/or emotional benefits going beyond the physical benefits) - (Max score = 3 points)
- **Tie Breaker** - The same judges will rate the tied applicants on a scale of 1 to 10 for who best represents the College of Education Mission. If tie remains, the Dean of the College of Education will select the winner to break the tie.

Questions:
Any questions can be directed to George Harnick at harnickg@msu.edu.